



Maple Walnut Squares

1 pkg. AQF Apple Spice Muffin Mix
¾ cup Sugar Free Maple Syrup
1 cup Chopped Walnuts
1 cup Water

- Add all ingredients to mixer bowl and mix until fully incorporated.
- Spread into a 9x13 prepared pan.
- Bake at 350°F for 30 minutes or until done.
- Completely cool in pan.
- Cut into 2 ½ x 2 ½ Squares. Serves 18.